

# BULLETIN

## AGRUPACIÓN MUSICAL MOZART E.I.R.L.

RUC: 20602120334

DIRECTOR: AMANDA VILLAMONTE MEDINA

N°1 | OCTOBER - NOVEMBER 2023 | VOLUME I



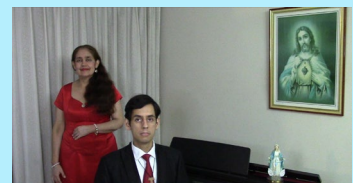
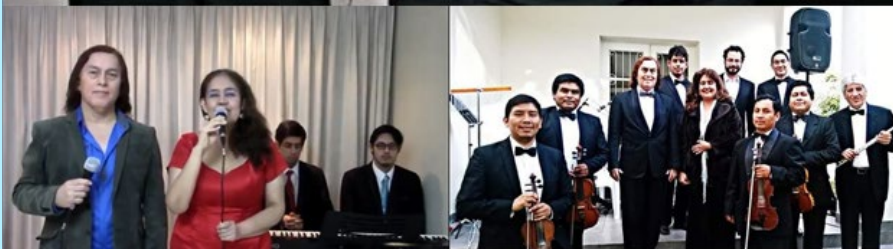
**SUBJECT 01: Music therapy and mental health.**



**SUBJECT 02: Music services for events.**



**SUBJECT 03: Elaboration of music videos.**



### OUR ACTIVITIES:

- We carry out music therapy workshops for Companies, health establishments (hospitals, clinics, nursing homes), and educational institutions (universities, colleges, professional schools).
- We provide musical services for receptions, recitals, Masses, weddings, parties, and others.
- Virtual and in-person singing, organ, and co-repetition classes.
- We make personalized videos and music tracks.

#### CONTACT INFORMATION :

+51 989 545 152

amandaluisasoprano@gmail.com

<https://www.facebook.com/AgrupacionMusicalMozart/>

<https://www.youtube.com/@alvm1965>

<https://www.coromozartperu.com/>

## SUBJECT 01: Music therapy and mental health

I define Music Therapy as a therapy or treatment through music, or singing, with the purpose of improving the physical and mental health of the patient, client, or student, through specific techniques applied by the music therapist.

We want to ensure that the person:

- Increase your self-esteem and improve your self-concept and connection with yourself.
- Improve your cognitive processes: memory, thinking, perception, attention, and language.
- Control and reduce the symptoms of mental illness if you suffer from it.
- Reduce anxiety, depression, stress, procrastination.
- Increase strengths, decrease weaknesses.
- Assertiveness, adaptive capacity, and proactivity are increased.
- Your ability to socialize with your partner, children, parents, study, and work colleagues increases.
- Identify your cultural group of origin and with the new cultural group to which you currently belong, if applicable.
- Your performance in study, work, and productivity improves.
- Feelings of happiness, peace, and goodness.

We had successful music therapy sessions with people of different ages and cultural groups.

## SUBJECT 02: Musical services

We provide musical services in:

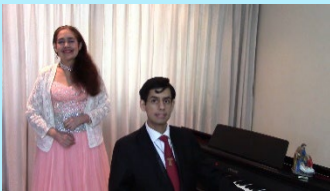
- Our Lady of Consuelo Parish.
- Our Lady of Grace Parish.
- Our Lady of the Miraculous Medal Parish.
- Brisas del Titicaca cultural association.
- Private events

## SUBJECT 03: Making music videos

✓ Forever and ever.



✓ Valicha.



✓ O Sole Mio.



✓ Besos en mis sueños.



✓ Himno al Señor de los Milagros.

